

CURRENT RESIDENT OR

Pacific Health Ministry and Kōkua Mau invite you to
2018 Clergy Morning Conversation
 Topic: The Conversation Project
Talking story with Rev. Dr. Rosemary Lloyd
Monday, February 26, 2018
9:00—10:30 am
Church of the Crossroads, Weaver Hall
1212 University Avenue, Honolulu
 Registration begins at 8:30 am

Dr. Lloyd is a national speaker from Cambridge, Massachusetts, dedicated to supporting clergy and congregations in having conversations about the tender topics related to illness and wishes for care at the end of life. With guidance from their clergy leaders, congregants are better prepared to embrace the reality of their mortality. Dr. Lloyd will provide appropriate tools for clergy to start a conversation and assist persons to talk about what matters most to them when it comes to end of life. (<https://theconversationproject.org>)

Please RSVP by February 21, 2018
 Call 808-591-6556 or E-mail: events@phmawaii.org

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Administrative
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 8:00am - 4:30pm
 Monday - Friday





PACIFIC HEALTH MINISTRY

Providing Spiritual Care and Education

Hau`oli Makahiki Hou!

Wishing you a Healthy and Happy 2018!



Ms. Puanani Burgess (pictured with lei) facilitated a day with the Pacific Health Ministry (PHM) staff about “Building the Beloved Community” - a circle of trust and respect. May all our diverse communities here in Hawai’i be hubs of love, kindness, and peace and shining light for well-being in body, mind, and spirit.

2018 is Pacific Health Ministry’s anniversary year. Thirty years ago, our first staff chaplains began their ministry and the first Clinical Pastoral Education (CPE) students were enrolled. Since then PHM has consistently provided spiritual care and education to the people of Hawai’i. We are committed to health and healing for many more decades to come. Please join us in celebrating our 30 years of service in October 2018!

Rev. Anke Flohr, Executive Director

Save the Date!

Celebration of 30 Years of Service

October 14, 2018, 5:00 PM

Ala Moana Hotel

From the Board of Directors...

You can continue to make good things happen...

PHM’s mission is **unique**. As we’ve articulated in this and previous newsletters, the education and training Rev. Anke Flohr and the clinical chaplains provide new residents and interns is unavailable anywhere else in the Pacific region. We provide spiritual and emotional care in accordance with the standards of the Association of Clinical Pastoral Education (ACPE), to hundreds of patients, family members, staff and physicians at 12 major healthcare institutions throughout Hawai’i which reaches people from all philosophical, religious, and spiritual traditions.



Our Board of Directors and Professional Advisory Group members represent a broad spectrum of Hawai’i’s spiritual, healthcare, business, educational and non-profit communities, and are all in alignment to sustain PHM’s vital mission. Monies received are also used to augment PHM’s reach into the broader community, to include our lay and community volunteer training. It is our hope that PHM will find its place on your short list of worthy causes. To the extent you are able, any amount of a gift is valued. On behalf of our entire Board, thank you so very much for your consideration.

With grateful hands together In Gassho,

Mernie Miyasato-Crawford, PHM Board of Directors President

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Rev. Anke Flohr, Executive Director

Every fall chaplains nationwide celebrate Spiritual Care Week. Every year we mark this event with special events in the hospitals we serve. For example, at Queen's Medical Center and Maui Memorial Medical Center, the chaplains poured hundreds of cups of "Tea for the Soul" for hospital staff. At Kaiser Moanalua Medical Center, the Chaplains blessed the hands of many nurses and other medical staff. For one entire week, the chaplains explained the national theme "Hospitality- Cultivating Inclusion" by distributing daily quotes to every corner of the hospital. For instance, the multiple bookmark-sized quotes said: "People will forget what you said, forget what you did, but people will never forget how you made them feel" (Maya Angelou).

At Kapi'olani Medical Center for Women and Children, the Chaplains invited patients, families and staff to take a walking-meditation on a large canvas labyrinth. "Hospitality as practiced by so many cultures and religions breaks through walls of alienation and marginalization which deny human belonging. Welcoming all makes for a wonderfully diverse expression of community. Cultivating attitudes and actions of inclusion means that people are cared for as valuable members of the human family" (www.pastoralcareweek.org).

Mahalo Nui Loa to our dedicated Pacific Health Ministry Chaplains!

Spiritual Care Week 2017



Hospitality: Cultivating Inclusion



**A Chaplain Cultivates *Inclusion* during
Spiritual Care Week**

By Chaplain Joshua Almanza

The young, mostly blind boy took my hand at the entrance to the labyrinth as his mother looked on. I asked him if he could see any colors. He said, "Perhaps". His reply put a wry smile on my face. Then I explained that the creators of the labyrinth painted lines to reveal the path we would walk. I asked him whether he could tell the difference between the darker blue canvas and the lighter white lines. Again he said, "Perhaps". I laughed a little – appreciating his definitive uncertainty. His mother (almost embarrassed) asked him, "Where'd you get that [word] from?", and he was quick to remark, "You!" He made his mom laugh as she playfully rejected his claim. So we started into the labyrinth, but the journey with this "blind" boy had already begun. As we moved along slowly, I asked whether his bare feet could feel the difference between the canvas and the painted lines. He flatly remarked, "No", and I was relieved to have left the purposefully ambiguous behind us. As we walked along these gentle bends and sharp turns I explained that the room was dimly lit and there were candles all around us with gentle music in the background. I asked if he could see the small light of the candles surrounding him: "Perhaps" was all he needed to say as he smiled and pulled me along the path. My inclusion into this boy's world continued by teaching me that for him it is not about only believing what you see. For him, it has and will always be about the possibility of "Perhaps" and the confidence of living into the mix of what we call "good and bad" in life. In my attempt to cultivate inclusion at the hospital, it was this boy's own small light – his glory – that reminded me of God's promise of invitation and inclusion. We exited the labyrinth and his mom thanked me for giving him a unique experience – I felt the same.

2018 Staff

Reverend Anke Flohr
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ACPE Certified Educator

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Maui Memorial
Medical Center

KAUA'I

Chaplain Sarah Rentzel Jones
Wilcox Medical Center

New CPE Residents & Army Reserve Chaplains

The 2017-2018 class received an introduction to Buddhism from Dexter Mar, a PHM Professional Advisory Group (PAG) member .



Back row: David Kegler, Lena Ann Sullivan, Thomas Hong, John Miller; Front Row: Michelle Emerson, Dexter Mar, John Miller, Brittani Alexander, Paige Morris.

A class of Army Reserve Chaplains completed their first unit of CPE in December.



From left to right: Damein Woods, Lieutenant Colonel Peter Strong, Seung Eun Baek, James Keanu Reichel.

A Pacific Health Ministry Chaplain Resident's Reflection

By Elizabeth Morris, CPE Resident



I just completed my first unit of Clinical Pastoral Education (CPE) with PHM at The Queen's Medical Center-Punchbowl. It was life changing. Though I had witnessed and supported a few family members through the dying process, it was not until CPE that I witnessed my first encounters with death. As a Tibetan Buddhist chaplain, my sangha, or spiritual community, places considerable emphasis on the death and dying process. How we die is often a reflection of how we live. By bearing witness to patients at Queen's on the oncology unit, Cancer Center, adolescent behavioral health unit, Cardiac ICU, Emergency Department, and on Labor and Delivery, I learned to tend to the sacredness of life in the midst of uncertainty and impermanence. CPE taught me to see what experiences made me most uncomfortable and to lean into moments of discomfort that could in actuality be the beginning opportunity for a deeper connection.

As my first unit of CPE comes to a close, I am grateful for the mentorship from Rev. Al Miles who was instrumental in helping support my growing edges and helping me to trust my own capacities as a chaplain. The greatest gift I received from completing this unit of CPE was to learn how to be present with each moment of the day, because we truly don't know when it might be our last.

Blessing a New Simulation Lab, Wilcox Medical Center

By Chaplain Sarah R. Jones

On November 6, 2017, Wilcox Medical Center (WMC) on Kaua'i unveiled its new simulation lab with a blessing ceremony and tours for invited guests, physicians and staff. PHM's Staff Chaplain, Rev. Sarah Jones performed the blessing. The new lab, which is the only training facility of its kind on Kaua'i, features high-tech manikins to play the role of patients in medical scenarios for nurse education and training. The lab will allow Wilcox's nurses to practice comprehensive clinical situations in a realistic and risk-free environment. As the designated trauma center for the island, Wilcox is equipped with the physicians, staff and technology to respond to various trauma situations. The new simulation lab will allow opportunities to train and practice for unusual situations that they may not experience regularly, such as high-risk and complicated deliveries.



From Left to Right: Joey Stearns, RN, Chaplain Sarah Jones, Paula Hulme, RN, & Jen Chahanovich, CEO